

PSHE LONG TERM PLAN

Key Stage 2 Y3/4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2018/19	Self-Awareness Identifying Emotional Responses	Values Right and Wrong	Resilience Taking on Challenges & Overcoming Difficulties	Interpersonal Effectiveness Fair and Unfair	Social Effectiveness Choices and Behaviour	Wider Community Respecting the needs of those around us
Cycle B 2019/20	Self-Awareness Making Choices	Values Rules for safety & Wellbeing	Resilience 'Reframing' & Bouncing Back	Interpersonal Effectiveness Boundaries	Social Effectiveness Trust & Support Networks	Wider Community Belonging to Groups 7 Communities

Key Stage 2 Y5/6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2018/19	Self-Awareness Goals & Aspirations	Values Developing Opinions & Views	Resilience Identifying Emotional Responses	Interpersonal Effectiveness Healthy & Unhealthy Relationships	Social Effectiveness How Choices can affect Wellbeing	Wider Community The Wider Effects of our Choices & Habits
Cycle B 2019/20	Self-Awareness Taking Responsibility & Gaining Independence	Values Rules and Laws	Resilience Taking on Challenges & Overcoming Difficulties	Interpersonal Effectiveness Boundaries & Consent	Social Effectiveness Recognising & Challenging Discriminatory Behaviour	Wider Community Similarities, Differences & Identity

PSHE LONG TERM PLAN

Key Stage 3 Y7/8

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A 2018/19	Self-Awareness Emotional Responses & Self Belief	Values Developing Opinions & Views	Resilience Overcoming Difficulties	Interpersonal Effectiveness Healthy & Unhealthy Relationships	Social Effectiveness How Choices can affect Wellbeing	Wider Community Community Awareness & Understanding
Cycle B 2019/20	Self-Awareness Making Choices	Values Rules and Laws	Resilience Bounce Back Ability	Interpersonal Effectiveness Boundaries and Consent	Social Effectiveness Resolution & Negotiation	Wider Community Similarities, Differences & Identity

Key Stage 3 Y9

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y9 PSE Entry Level	Unit 12 Diversity, Prejudice & Discrimination	Unit 2 Drugs Education	Unit 6 Healthy Lifestyles	Unit 3 Sex & Relationships	Unit 1 Personal Action Planning	Independent Living Skills

Key Stage 4 Y10

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSE Entry Level	Unit 10 Personal Safety	Unit 8 Emotional Wellbeing	Unit 9 Relationships Behaviour & Practices in the Workplace	Unit 3 Sex & Relationships	Unit 4 Personal Finance	Independent Living Skills

PSHE LONG TERM PLAN

Key Stage 4 Y11

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSE Entry Level	Unit 7 Making Informed Career Choices	Unit 8 Applying for Jobs and Courses	Independent Living Skills - Finishing School and moving on			