

## Wellbeing Action Plan 2018



## Action Plan

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Wellbeing	Action	Staff	Comments
<b>1. Curriculum teaching and learning to promote resilience and support social and emotional learning</b>	<p>New Circle time, SEAL, assembly, PSHE curriculum.</p> <p>Chichester Wellbeing - Five Ways to Wellbeing (year 5 initiative)</p> <p>Mindfulness lessons introduced – research.</p> <p><b>Mental health award</b> - Carnegie Centre of Excellence for Mental Health in Schools.</p>	<p>FC to lead</p> <p>HD</p> <p>HD</p> <p>HD</p>	<p>£350</p>
<b>2. Enabling student voice to influence decisions.</b>	<p>New school council group established.</p> <p>Areas to discuss at school council: rewards, trips, lunch menu etc.</p>	<p>School council staff lead</p>	
<b>3. An ethos and environment that promotes respect and values diversity.</b>	<p>New RE and SMSC curriculum.</p> <p>Introduce school wellbeing lead.</p> <p>Classroom displays</p>	<p>FC</p> <p>HD</p> <p>Teachers</p>	

<b>4. Staff development to support their own and student wellbeing</b>	<p>Attend whole School Approach to Health and Emotional Wellbeing - Consultation/Co-production Event. 12<sup>th</sup> January 2018.</p> <p>CAMHS mental health nurse to offer training to staff.</p> <p>Staff supervision? To research 'Your Space'</p> <p>Staff wellbeing MOT (offered by Chichester Wellbeing Team)</p> <p>Staff running club</p> <p>Join and be part of School Reference Group for health and wellbeing</p> <p>INSET training – raising awareness of mental health, wellbeing and resilience</p>	<p>HD</p> <p>All staff. HD to coordinate.</p> <p>HD</p> <p>HD</p> <p>FC</p> <p>HD</p> <p>HD/FC</p>	<p>Date tbc.</p>
<b>5. Identify need and monitoring impact of interventions</b>	<p>Identified interventions to meet needs of Littlegreen pupils (see attached document)</p> <p>Pupils identified for intervention in pupil progress meetings (initially inset 26<sup>th</sup> January)</p> <p>Behaviour, learning, emotional and social skills monitored (PIES).</p> <p>New pupils – baseline tests. Research.</p>	<p>CB/HD/PR</p> <p>HD/all staff</p> <p>HD + all staff</p> <p>HD/PR</p>	
<b>6. Working with parents and carers</b>	<p>Parent and carer workshop. CAMHS mental health nurse.</p>	<p>HD/PR</p>	

	Academic and pupil personal, social and emotional development reported to parents.	Teachers	
<b>7. Targeted support and appropriate referrals</b>	<p>Integrated Prevention and Earliest Help (IPEH) services.</p> <p>Mental health nurse (CAMHS) to visit Littlegreen once a month – discussion about 4 pupils. Strategies, screening and parental involvement.</p> <p>Appoint therapists – possibly play therapy, occupational therapists, counselling etc.</p> <p>Attendance support – Emotionally based school avoidance (EBSA)</p> <p>Liase with: Public health lead – Sue Carmichael (obesity, tobacco etc.) &amp; Paul Woodcock – Commissioner sexual health</p>	<p>HD/parents</p> <p>HD/PR + teachers</p> <p>PR</p> <p>Attendance manager</p> <p>HD/FC</p>	